

## Only Cure For A Troubled Heart

No. 19

### Introduction.

- I. **Years ago a boy walked along the ocean with his father.** Suddenly his father picked up a bottle, dipped it in the water and filled it to the brim. Then he threw the bottle into the ocean and said, "There, the ocean is in the bottle and the bottle is in the ocean." Even so if Christ is in us and we are in Christ we have a safe refuge for all time and eternity.
  
- II. Today I would like to discuss with you some of the most beautiful and comforting words ever uttered by Jesus our Savior. These words have cheered the dying and brought the comfort of God to countless broken hearts.
  - A. These words are found in John 14.
  - B. Jesus said. (Jn. 14:1-6).
  
- III. One of the most dreaded diseases in the world today is what we call "heart trouble."
  - A. Every day we read of some person being cut down by a heart attack. This disease is no respecter of persons. It strikes rich and poor, the educated and the uneducated, the young and the old.
  - B. In our text Jesus talks about spiritual heart trouble. He speaks of a troubled heart, a burdened heart, a heart that aches with sorrow.
  - C. **This kind of heart trouble is also common.**
    1. All of us have it. **Money** cannot keep it away, **health** cannot prevent it, and **popularity** cannot cure it. **No door** can be security locked against it.
    2. The only remedy for this heart trouble is the Lord Jesus Christ.
  
- I. **The Cure For A Heart Trouble** - Jesus begins this inspiring chapter by saying. (Jn. 14:1).
  - A. There should not be a break between the 13<sup>th</sup> and 14<sup>th</sup> chapters of John. As the previous chapter ended we saw Jesus and His disciples at the table in the upper room. As they reclined at the table Jesus realized that the disciples were troubled.
    1. They were troubled at hearing that one of their number would betray Him. They were troubled at hearing that Peter would deny Him three times and that they would all fall away. They were troubled because they saw Jesus was heavy of heart. They were troubled because Jesus told them that He was going to die.
    2. So Jesus sought to **comfort them by telling them to believe in Him.** They believed Jesus, but they

needed stronger faith in Him. They needed to believe that the cross was a part of God's great redemptive plan. They needed to believe that Christ's triumph over death and the grave would assure them of power that they had never known before. They needed to believe that Christ was their ever-present Savior and that He would see them through the storms of life.

B. Today Jesus says to us, "Believe in Me. Believe that I died for your sins and rose again. Believe that I will save those who trust in Me. Believe that I am in heaven making intercession for you. Believe that I am always ready to help and comfort and strengthen you. Believe that I will come again to take you home to glory."

1. **Is your heart troubled?** Is it filled with frustration and anxiety? Then trust in Jesus. He will take care of it and give you peace.
2. **Lloyd Douglas**, the author of the "The Robe," told how he loved to occasionally visit a little old man who gave violin lessons in his small studio which was in a building where other music teachers taught. One day he visited the man and said, "Well, what is the good news today?" The man put down his violin and stepped over to the tuning fork. He struck it and said, "There is good news for today. That, my friend, is **A**. It was **A** all day yesterday. It will be **A** all day tomorrow, next week, and for a thousand years. The soprano upstairs warbles off key, the tenor next door flats his high notes, and the piano across the hall is out of tune. Noise all around me, noise; but that, my friend is **A**."
3. It will steady our souls to remember that there are some things in life that never change. They are constant. We can depend on them. We can regulate our lives by them.

#### 4. **Jesus is like that!**

- a. In the midst of a changing world, Jesus never changes. (Heb. 13:8).
- b. So in our troubles let us look up to Him. He will bring us through all the storms and trials and tribulations of life.
- c. Let us say with the psalmist. (Psa. 34:18; 121:1, 2; 147:3).
- d. Let us say with Paul. (Rom. 8:28; 2 Tim. 1:12).

II. **Home Prepared In Heaven** - As we examine our text, Jesus goes on to give another reason why our hearts should not be troubled. (Jn. 14:2, 3).

A. Oh, how this promise should soothe our hearts.

1. Life is filled with sorrow. It is a place of pain and disease and death.
2. But Christ has prepared for us a place where all of these things will never exist.
3. Heaven is a perfect place prepared for those who love and serve Jesus.
  - a. Listen to these soothing words from Revelation 7.

**REV 7:13** And one of the elders answered, saying to me, "These who are clothed in the white robes, who are they, and from where have they come?"

**REV 7:14** And I said to him, "My lord, you know." And he said to me, "These are the ones who come out of the great tribulation, and they have washed their robes and made them white in the blood of the Lamb.

**REV 7:15** "For this reason, they are before the throne of God; and they serve Him day and night in His temple; and He who sits on the throne shall spread His tabernacle over them.

**REV 7:16** "They shall hunger no more, neither thirst anymore; neither shall the sun beat down on them, nor any heat;

**REV 7:17** for the Lamb in the center of the throne shall be their shepherd, and shall guide them to springs of the water of life; and God shall wipe every tear from their eyes. "

b. Later the book of Revelation has the awesome statements. (Rev. 14:13; 21:4, 27).

B. One day Jesus said He will come again and take us to this glorious home.

1. Paul wrote. (1 Thess. 4:13-18).

**13. But we would not have you ignorant, brethren, concerning them that fall asleep; that ye sorrow not, even as the rest, who have no hope.**

**14. For if we believe that Jesus died and rose again, even so them also that are fallen asleep in Jesus will God bring with him.**

**15. For this we say unto you by the word of the Lord, that we that are alive, that are left unto the coming of the Lord, shall in no wise precede them that are fallen asleep.**

**16. For the Lord himself shall descend from heaven, with a shout, with the voice of the archangel, and with the trump of God: and the dead in Christ shall rise first;**

**17. then we that are alive, that are left, shall together with them be caught up in the clouds, to meet the Lord in the air: and so shall we ever be with the Lord.**

**18. Wherefore comfort one another with these words. ASV**

2. Indeed these words should comfort our hearts. Heaven is a real place, not pie in the sky or a fairyland. Some day it will be our eternal home.

a. The Christian can say, "Others may have **more wealth**, but I have Christ. Others may have **more learning**, but I am a Christian. Others may live in **more pretentious houses**, but I have a beautiful mansion in heaven waiting for me. Others may have **more social standing**, but I shall have fellowship with the King of heaven."

b. Once a young man at the death bed of an aged man said to him, "Shall I read to you the

sweetest verse in the Bible?” The reply was “yes.” The young man read the verse, “In my Father’s house are many mansions, if it were not so, I would have told you; for I go to prepare a place for you.” The dying man said, “No, that is not the sweetest verse. Read on.” The young man continued reading: “And I will come again, and receive you unto Myself, that where I am, there you may be also.” The dying man said, “That is the sweetest. It is not the mansions-it is Himself I want.”

- c. The mansions will be glorious and wonderful beyond words, but I am persuaded that the best part of heaven will be the fellowship with the Father and His Son and the Holy Spirit. We shall abide forever and forever with them and sing praises to them for all eternity.

### III. A Pathway Provided

- A. After Jesus declared that He was going to prepare a place for His disciples and they knew the way, Thomas said, “Lord we know not whither thou goest; how know we the way?” Jesus answered. (Jn. 14:6).
- B. Jesus declared that He is the only way to God. No one will reach heaven except through Him.
  - 1. Several years ago I read where a **minister of a denominational church** had buried himself alive in an underground chamber to atone for the sins of the world. He thought he, an imperfect mortal, could cleanse the world of sin and provide the way to heaven.
  - 2. How foolish! Human sacrifices, animal sacrifices, education, wealth, fame, power cannot save! Only Jesus can do that! He is the ladder between earth and heaven. We need to sing, “My hope is built on nothing less than Jesus’ blood and righteousness. I dare not trust the sweetest frame, but wholly lean on Jesus’ name.”

### Conclusion.

- I. A **soldier once lay dying in an overseas hospital**. He asked an American singer to sing for him. In her sweet soprano voice she sang, “Yes, we’ll gather at the river.” She then asked him a very personal question, “Will you be there?” And the soldier answered, “Yes, I’ll be there because of what Christ has done for me.”
- II. I would like to ask the same personal question, “**Will you be there?**” Have you put your trust in the blood of the Lamb? Have you been baptized for the forgiveness of your sins? Are you living daily for Jesus? Do you have your eyes set on heavenly things? Do you have a heart full of joy and hope and comfort?
- III. If not, come to Jesus. Come and let Him save and bless you.
  - A. He is calling you saying. (Matt. 11:28-30).
  - B. Will you come as we stand and sing the hymn of invitation.

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